

# September 2018

# **Officers and Committee Members**

 President:
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Club delegates: Pauline Jarvis and Jo Benison

Health and Safety Pauline Jarvis Ph 347 8181, 021 142 6474

**Committee** (in addition to office bearers & delegates above)

Sharon Mehlhopt Lucy Watkins Cheryl Etheridge

### **Selectors**

Sharon Rayne

**Christine Lewis** 

Kate Millar



# **Rally information**

# **Head coaches report**

# **Rally Plan**

2018	Second Sunday	Fourth Sunday
October	14	28 Possible: Barefoot Trimmer?
November	11 Mini Show	25 WINDSOR CUP TEAMS S J
December	9 Pentathlon Break up	

# **Rally notification**

Please could everyone ensure that you reply to Keryn when she asks if you will be attending a rally. If you don't reply we may not have an instructor for you, and it is unfair on the other riders if the group has extra riders because some people don't respond.



### Team events

# **Springston Trophy**

The Springston teams for Springston Trophy have been named and have been busy training for the event, which is in Oamaru on 4th-7th October.

Congratulations to

### SPC team

Seniors

Niamh Rayne riding My Hallucination Natalie Peoples riding Tui Hills Copper Abbie Intermediates Katherine Hadler riding Hakuna Matata Sonya Benison riding MF Spotlit Juniors **Emily Holder riding Jenks** 

### SPC Two-age team

Gemma Lewis riding Heza QT

Intermediates Caroline Holder riding Rainbow Scout Caitlyn Rayne riding Brentwood Surprise Juniors Stella Williams riding Paladin Park Viva Hayley Graham riding Puzzle (from Kaikoura)

# **Amberley Cup**

Three teams attended the Amberley Cup dressage day on a lovely sunny Sunday. It was a great relaxed and positive day. The riders all represented our branch exceptionally well, with many having the challenge of riding up 1-2 age groups. Individual team reports follow.



The Springston riders after the prize giving Tess, Raewyn, Ella, Gemma, Katherine, Sonya, Katie, Xanthe, Jaimee (in front row) James and Georgia.

# **Springston Gold team**

The Springston Gold team, consisting of Katherine (25 and under), Sonya (16 and under), Gemma (14 and under) and Ella (12 and under) had a great day at Amberley Cup

dressage. Although there were a few tests which riders were not totally happy with (they set themselves such high standards!!) I think that they all completed great tests



for super results. It was a pleasure to be involved with a group of riders (and parents) who

got on well together, supported each other and all other riders. We had three teams and it was wonderful to be able watch and support all the SPC teams. The Gold team were exceptionally well turned out and won the turnout/horse mastership award (which was judged on turnout, behavior and support of each other and the other teams) and were an amazing 2<sup>nd</sup> overall (from 22 teams). Ella was the top placed 12yr and under rider and all the other 3 riders were in the top 5 in their age groups which was an impressive result.







# **Springston Brown team**

Gemma

Springston Brown team was made up of Georgia Lewis riding Hillview Sleeping Bella, Katie Fitzsimons riding Skibbereen Upbeat, Jaimee Lee Adams riding Fyffe and Raewyn Adams riding Spice It Up.

Ella

It was a stunning morning in Amberley after we all arrived and started work on cleaning up our ponies, distributing uniforms and putting the browbands on our bridles. We gathered down at the dressage and watched Springston Yellow do their first test, then back to the ponies to get tacked up and ready for our gear check.

We watched Springston Gold do their tests then finished our warm up under the watchful eye of Christine. We were called to start, had a quick photo in front of the hedge then off to our 4 arenas. Georgia peeled off at the first arena, then Katie, then Jamiee and lastly Raewyn. The girls all had different tests but they pulled it off and no one had a course error! At the end of each test each girl waited at the end of their arena then Georgia collected Katie, they collected Jaimee and then Raewyn so they left the arena as a team. It looked very smart.

We only had an hour until our next test so we waited in the warm up area. Unfortunately we missed Springston Yellow's second test as they were on about the same time we were starting our first test, but watched Springston Gold, then had a quick warm up and we were on again. All the tests went well. Everyone felt their second test was better than their first! We made our way back, sorted out our ponies, had some lunch then it was time for prize

giving. We were not in the ribbons but thoroughly enjoyed the day.

Thanks Amberley Pony Club for running a super teams competition and Springston pony Club for organising and entering the teams.

Team Manager

**Annabel Fitzsimons** 



Georgia, Katie, Jaimee, and Raewyn

# Springston Yellow team,



Our team had a neat turnout and were respectful and organised and had lots of fun on the day. It was also great to see every Yellow Team member support each other in a positive way on the day and also support other teams, both from our own pony club and from others.

The Yellow Team performed well at the recent Amberley Cup. Highlights for our team were:

James managing a very spritely Gem and getting him to canter in his tests
A tidy and accurate first test from Tess and Alberto

A calm second test from Xanthe and Mac



Xanthe, Tess and James

# **Stringer Trophy**

Congratulations to the following riders who have been selected to represent SPC at Stringer Trophy on 30<sup>th</sup> September. Good luck, have fun!

### Team 1:

Xanthe (24 & under 75cm) Mac Tess (16 & under, 65cm) Alberto Ella (14 & under, 65cm) Thomas Georgia (12 & under, 45cm) Bella

### Team 2:

Raewyn (24 & under 75cm) Spice Jaimee (16 & under, 65cm) Fyffe Katie (14 & under, 65cm) Trevor Lily (12 & under, 45cm) Enzo

### Team 3:

Gemma (24 & under, 75cm) Zeus Sonya (16 & under, 65cm) Jazz Toby (14 & under, 65cm) Rigby Renee (12 & under, 45cm) Mochachino

# **Team Competitions 2018**

The following list of events for which teams are selected. Dates may be subject to change. *Games teams* 

- Christchurch Pony Club Games (21 October 2018)
- Prince Phillip Cup (21 October 2018). Team selection end of September.
- Zone Games Feb/March 2019 Entries usually close mid-late January so riders need to have required rallies by end of 2018. Team selection January.

### Show Jumping

- Windsor team Show Jumping (25 November 2018). Team selection approx. 5<sup>th</sup> November.
- South Island Show Jumping Champs (Tairei, January 2019). Team selection end of November.

### **Upcoming events PC events**

(These are from the Canterbury Pony Club website, I take no responsibility for their accuracy.)

 $\underline{\text{http://www.sporty.co.nz/canterburyareapc/2018-Area-Calendars-Google/Printable-Summary-Diary-2018}$ 

Friday 5 October Springston Trophy 3DE

Saturday 6 October Springston Trophy 3DE

Sunday 7 October Springston Trophy 3DE

Sunday 14 October Rally Day

Sunday 21 October CPA Games / NC Games

Monday 22 October View Hill ODE Labour Day

Sunday 28 October Amberley SJ Rally Day

Sunday 04 November Oxford SJ

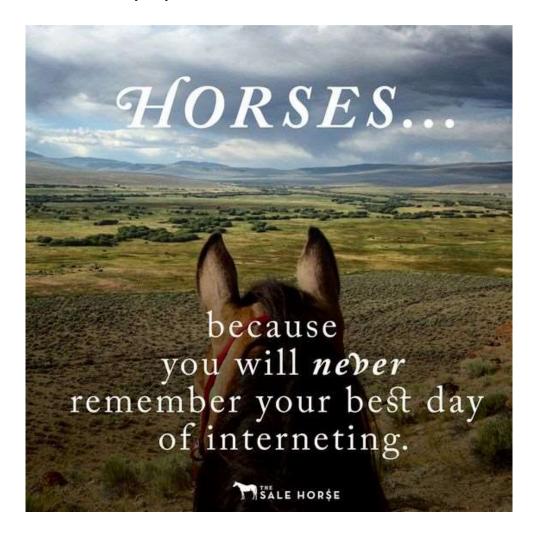
Saturday 10 November Ellesmere show

Sunday 11 November Rally Day

Sunday 25 November Windsor Trophy SJ Rally Day

Saturday 01 December Bangor Show

Sunday 09 December Rally day



### Other news

# FAQ Rally Attendance rules A basic guide

If a rider would like to sit certificates, ride in teams competitions and be eligible for end of year trophies they need to attend a certain number of rallies.

For competitions/certificates, a rider needs to attend five rallies in the 12 months prior to (usually) the closing date of entries. Three of these must be riding the horse/pony that the rider wants to ride at the competition/certificate. Once a rider has attained their C+ certificate the rules change slightly to reduce the number of rallies required.

For the end of year trophies the 5/3 rally rule will be the 12 months prior to the close of entries for competition related trophies and for the calendar year for other trophies.

A rally must have 1.5hrs of instruction. This means if you arrive late or leave early your attendance may not count as a rally (depending on if you have had the 1.5hrs).

A maximum of 4 rallies in a calendar month can be counted as a rally. If in the unlikely event that a rider attends more the 4 rallies, only 4 can count.

Occasionally there can be reasons why rallies have not been attended (eg a new horse/pony, rider or horse/pony injury). For a legitimate reason SPC can apply to receive dispensation for the combination. Dispensation can only be given for ONE rally (so you must have 4 rallies, 2 as a combination). This is not for when riders have just not been organised enough to attend enough rallies. There are over 20 rallies run each year, so 5 is not a big ask! According to our selection policy a rider with dispensation will be placed in a lower team then a rider who has their rallies.

I regularly send a copy of the rally attendance out to the SPC members. It is up to the family to check these for correctness each time they come out and let me know ASAP if there are any issues. It is very difficult to clarify any issues bought to my attention a couple (or more) months later. This may involve going back to an instructor to confirm that a rider did ride a particular pony and it is not fair to expect the instructor to remember over a period of time.

This is just a basic guide, the formal rules can be found in the NZPCA general regulations. <a href="http://www.nzpca.org/Rules-Regulations/Rules-Regulations-1">http://www.nzpca.org/Rules-Regulations/Rules-Regulations-1</a> or you are welcome to ask me any questions.

### **Health and Safety**

We are all responsible for Health and Safety.

There is a hazard register on the clubroom door. Please make yourself familiar with this and contact a committee member with any suggestions.

A fall register needs to be filled in for ALL falls (even if the rider lands on their feet and pops straight back on). There is a more detailed form if medical or veterinary treatment is required.

### Back Protector Standards – message from NZPCA

The NZPCA PC Area Forum asked the Health and Safety Committee to look at recommended safety standards for body protectors.

There are safety standards for body protectors in England and the USA. BETA EN13158 2009 Level 3 or ASTM F1937.

We are not making these safety standards mandatory until 2020 but recommend that any families looking to purchase body protectors do so with these standards in mind.

Please share this information with anyone you know who is looking at purchasing a Body Protector.

### **New concussion documents**

NZPCA have developed some new concussion documents. These are available on the NZPCA website, under the health and safety section. http://www.nzpca.org/rules-regulations/health-safety

### Health and Safety (message from NZPCA)

PLEASE READ AND UNDERSTAND THE NEW CONCUSSION DOCUMENTS WHICH ARE ON THE WEBSITE. NZPCA ARE COMMITTED TO ENSURING OUR RIDERS ARE SAFE NOW AND THEIR FUTURE HEALTH IS LOOKED AFTER. PARENTS HAVE A RESPONSIBILITY TO ADHERE TO THE REGULATIONS AROUND GETTING THEIR CHILD SEEN BY A MEDICAL PROFESSIONAL ONCE A GREEN CARD HAS BEEN ISSUED.

Concussion is a serious concern to everyone at NZPCA. "Falling from horse" are one of NZPCA biggest hazards; falls also represent a large percentage of the 350 cases of head injuries reported to ACC last year in relation to horse riding. It is also suspected that only about half of concussion cases are reported and with the potentially serious and long-term consequences of concussion, it is imperative that we take some action.

The Health and Safety Committee have developed some Concussion documents to sit alongside the General Regulations. These are available on the NZPCA website. There is a statement around why we need to be more vigilant around concussion and there are practical tools for rallies and pony club activities. There is a new "Green Card" which is to be issued when a rider falls and has a suspected concussion. This Green Card means that the rider must go and be assessed by a registered medical practitioner and cleared before they can compete in pony club activities again. The 21 days stand down period for riders stands unless they have a medical certificate showing that they have been cleared to ride. As with all falls at Pony Club that require medical attention the fall should be recorded and the information sent to NZPCA Head Office on a fall report.

ACC have very useful pocket concussion cards. You can order these on the ACC website. We do have some at NZPCA Head Office.

### **Team Gear**

Please could team Managers Liaise with Jo, the team gear person, and sign out and in all team gear used for team events.

### Saddlery shops

If you are buying gear at any of the local saddlery shops, please tell them that you are from Springston Pony Club. At the end of the year they donate vouchers to us relating to the amount our members spend. We use these for the end of year Christmas party, prizes etc.

# **Use of grounds**

Springston Pony Club members are welcome to use the grounds free of charge. The combination code is sent to members, please do NOT share this. Non-members need to pay for each visit (even if they come with you!). Bookings are available with Katie Meyer, ph 027 538 7277.

Please ensure that all horse manure is picked up from the arenas and the grounds before you leave. There is a wheelbarrow and rake available, so there are no excuses.

Please also ensure all show jumping rails are picked up off the ground. Even if you didn't drop them please pick them up so we can keep them in good condition for as long as we can.

Please keep an eye out for "happenings" at the grounds, if you see something which shouldn't be happening, please let a committee member know ASAP.

Note we do not have any "casual riding members", any causal riders (non-members) need to pay \$10 per horse/pony each time they come.

# **Results and photos**

Please let me know what you have been up to and any results/photos you have (pauline\_jarvis@hotmail.com). If you don't send me the results, I can't put them in! Please also send a photo of you having fun with your pony!

# **Birthdays**

### HAPPY BIRTHDAY IN SEPTEMBER

Daniel Jack Jane Emily Gemma



# Classifieds

Please let me know if you have anything for sale (<a href="mailto:pauline\_jarvis@hotmail.com">pauline\_jarvis@hotmail.com</a>)