

SPRINGSTON PONY EXPRESS

July 2022

SPC COMMITTEE

President - Christine Lewis

Vice President – Rachel Smith

Secretary - Suzan De Koning-Horst

Treasurer - Andrew Etheridge

Head Coach – Trinity Lauren

Committee - Kristie Hill, Mandy Hamilton, Maryline Suchley, Jo Benison, Rach Ashton, Sharon Mehlhopt, Janfrey Doak

Welcome to the all-new Springston PC Newsletter
the Springston Pony Express

At a recent meeting we discussed what we, as a committee, could do to encourage and support our members, both new and continuing as they journey through the New Zealand Pony Club system with Springston PC.

Several ideas were put forward, and one we were all very keen to implement was a newsletter, and so we have the “Springston Pony Express”. We hope to use it as a communication tool to keep all our Springston family up to speed with the goings on at the club from events, to fundraising, grounds keeping, sponsorships and we would like to introduce all the different people you might meet when at pony club. So, sit back and enjoy the ride!

"A pony is a childhood dream. A horse is an adult treasure." - Rebecca Carroll

SPRINGSTON PC MEMBERS ONLY PAGE ON FACEBOOK

Are you on social media? – we have our very own Facebook Page -

<https://www.facebook.com/groups/785058332123533>

Please join it, we pop lots of notices on there about what’s happening within the club. We would also love to hear what you are up to with your pony adventures so please share with us.

WE NEED YOUR HELP!

We have two major events on the radar the **Springston PC One Day Event** – held over two days (as we have that many entries) on the 23 and 24 July. The second event is **the 50th Anniversary of Springston Trophy** - which is the largest pony club event (3-day event) in the South Island. This year to be held in the October School Holidays on Thursday the 6th through to Sunday the 9th.

SPC ONE DAY EVENT

UPCOMING EVENTS

NEXT RALLY – 31st JULY (TBC)

SPC ONE DAY EVENT –

23 & 24 JULY

Springston PC One Day Event held on Saturday 23rd July and Sunday 24th July. This is held at the Dunstan Fibre Fresh National Equestrian Centre at McLeans Island. We run 65cm and 80cm classes on the Saturday and on Sunday we run 80cm, 95cm 105cm and 110cm classes. Excitingly we are looking at having record numbers of entries!

This is the Springston PC Club major fundraising event, and we are going to need help from all our members to make sure it happens. Some of the jobs that need doing are: - dressage arenas to set up and pack down, keeping toilet blocks cleaned, dressing jumps (decorating them with foliage etc) painting cross country jumps, keeping the grounds clean, setting up and packing down the show jumping arenas and other jobs. We are going to email out (you will also find this document on the Springston PC members page on Facebook) a google document with a list of jobs for the weekend could you please pop your name down on a job (or maybe two) with your contact details. Remember even if you can't make it on the two days you could well be able to help with some of the set up prior to the event.

Mitavite Springston Trophy 2022

2022 will see the 50th running of Springston Trophy to be held in the October School holidays from Thursday 6th through to Sunday 9th. We will once again ask for your help closer to the time as this will be a massive event to run. Again, it will be held at the Dunstan Fiber-Fresh National Equestrian Centre at McLeans Island and hosted by us Springston PC.

CHRISTCHURCH PONY CLUB

Did you know Springston Pony Club is a branch of Christchurch Pony Club? There are nine other branches including Roydvale PC, Halswell PC, Waihora PC, West Melton/ Weedons PC, Bangor PC, Ellesmere PC, Ferrymead PC, Banks Peninsula PC and Little River PC.

You can find out more about New Zealand Pony Club Assn on the website

<http://www.nzpea.org/>

SPRINGSTON TROPHY BACKGROUND

Here is a little background of the inception of Springston Trophy. It is the largest pony club event in the Southern Hemisphere. It had humble beginnings however, as all great ideas tend to, being conceived at the breakfast table of the late Mary Dalley at Pemberton, near Christchurch. Don Collett and Joan McCall were traveling back to the south with horses that had competed at the 1971 NZPCA horse trials championships in Masterton. All three agreed it would be a good idea to have a competition that allowed ordinary riders in the branches who may never attend the championships the opportunity to compete. Mary

Dalley proposed that the Springston branch would hold the first such event, provided the Gore branch, to which Don Collett and Joan McCall belonged, agreed to hold the one following. "I'll ask a

parent to donate a trophy and we will keep the costs down and run it as cheaply as possible" Mary said. Over the next three months the form of the Springston Trophy was shaped by Mary and Joan, over the course of many long and involved telephone calls, with the first event being held at Springston on 26 and 27 August 1972 on the properties of I & K Bailey and Mrs. C Wright. The parents who donated the trophy were Margaret and Murray Foster. You can find more information on Springston Trophy 2022 at the dedicated website <http://www.springston-trophy.org.nz/new/history/competition.php>

GROUNDS

Many of you have made comment about how good our grounds are looking and that is due to the wonderful work put in by some hard-working members and their families. We really need to mention the work of Vice President, Rachel Smith who oversees the grounds. Rach has done an awesome job organizing working bees and getting stuck in and the grounds are looking fabulous but, there is still plenty to do so we really would appreciate help at working bees or at rallies if you are available.

FOOD FOR THOUGHT

Did you know horses / ponies require a minimum of 1.5% of their bodyweight in fibre on a dry matter basis per day.

(Dry matter is what is left after you have squeezed all the water out of your fibre source.)

So, pasture at this time of year has a lower dry matter around 50% whereas hay might be around 90% dry matter. Examples of fibre include pasture, hay, chaff, beet, soya hulls,

A 500kg horse requires 7.5 kg of fibre on a dry matter basis ($500\text{kg} \times 1.5\% = 7.5\text{kg}$)

A 300kg pony requires 4.5kg of fibre on a dry matter basis ($300\text{kg} \times 1.5\% = 4.5\text{kg}$).

GROUNDS HIRE

Did you know our grounds are available to hire? But for members it is free!!

All you need to do to book the grounds is, contact Katie on [0275 387 277](tel:0275387277) and she will give you the key code to get in. If you have friends who would like to use the grounds it costs \$10 / horse for one hour they will need to contact Katie on [0275 387 277](tel:0275387277) to book and she will give them the gate code money to be placed in the honesty box at the gate.

5 MINS WITH OUR HEAD COACH – Trinity Lauren

How long have you been involved with Springston Pony Club?

I was a member in my late teens early 20s as a rider! I had a break from Pony club after having my daughter Holly and then came back when Holly was ready to do to Pony club. I have been the head coach for nearly 2 years now.

What is your current involvement with pony club?

I have been a rider for a couple different clubs since I moved to NZ at 13, I competed at Springston Trophy, SISJC etc, I hold my B certificate and when I started coaching at 16/17 years, I got my qualifications and helped coach while being a rider member and now just coach! Holly has been a riding member for nearly 3 years now. I've now also started training to become an ESNZ listed XC course designer.

What is your favourite thing about pony club?

Socialising with like-minded riders, parents, and coaches. Helping kids to learn all while having fun! I also think it's important to help parents who aren't horsey learn skills too and assist older riders or keen people to become coaches and be able to give back to the club that provide opportunities!

What would be on your wish list for Springston pony club?

Not really sure to be honest! We are lucky we have a lot more than other clubs as it is! Maybe to XC grounds of our own!

What do you do when you are not organising pony club events?

My family own Highfield Grange Thoroughbreds, we breed and race Thoroughbreds. I work part time in marketing, creating content and doing digital project management. I'm also studying Sport analysis at Canterbury Uni! You'll find me in my paddocks, at the racetrack or doing sport in my free time! My partner and I love sport, so we are often up at crazy hours of the night supporting our favourite football team or watching XC overseas!

Favourite Pony/ Horse you have owned?

They are all my favourites! I've had too many! The most impactful horse I have owned would have been Clifton Turtle Creek - he was a XC boss! Never had a fault in his life, he took me up to 2* eventing and was still loving his job at 22years of age! I owe him everything and I learned so much off him! Sadly, he passed away a few years ago.

Where is one place in the world you would like to visit?

I have been very lucky to have done a lot of travel, I've travelled around the world when my family lived in England. My travel goal is a bit geeky; I'd love to go to every Disneyland in the world! Weird, not a horsey related one but I have attended a few 5* events in England when I was there, and it was amazing!

Who is someone in the equestrian world you admire and why?

I have 2 for different reasons:

Lucinda green is a Cross Country queen and I rate her and her coaching style!

Jonelle Price is admirable as I can barely manage my horses with 1 child and partner (he is also a child right?) so I really look up to her still being at the top level while managing 2 children and a husband! 😊

THANK YOU

A big thank you to those who came out and helped with the raking of the hedge trimmings we smashed that out in little over an hour! A big thank you must go to Justin and Dyarne for getting all the clippings mulched and shifting the cross-country jumps for us this past weekend, an amazing help for us!

Also thank you to Nana Julie DeFilippi who was out staining some of our cross-country jumps!

You may have noticed some new cross-country jumps being constructed. Bruce Pluck has been busy hammering away, so these are ready to be used at Springston Trophy and then brought back to our grounds.



RALLY CATCH UPS

At our next rally make sure you come over and say Hi. The club rooms are open for all our members (we must make sure we limit numbers inside due to COVID regulations) but you will find the kettle boiling so make yourself a cuppa and try and keep warm through these winter months. We also like to have a shared lunch at the conclusion of the morning rally so bring a plate to share. It is a great opportunity to meet other members and we as a committee would love to hear your feedback on the rallies and any suggestions you may have for the club going forward.

RED TAGGING OF HELMETS / BACK PROTECTORS

Have you purchased a new helmet, or do you have a back protector that needs tagging? This can be done at a rally just ask Sharon Melhopt or our head coach Trinity Lauren and they will check they meet the required safety standards as set by NZPCA and then tag.

PONY CLUB CERTIFICATE BADGES

Pony Club Certificate badges are available to purchase for \$10 you are welcome to purchase and pick up at a rally.

PONY CLUB RALLIES – YOUR THOUGHTS

Springston Pony Club used to run rallies on the second and fourth Sunday of each month over 1.5 hours. When the club went through a period of a higher number of older members, they decided to give a morning and afternoon rallies once a month a try, this has stayed this way for the past four years. Now with so many junior members in the club we want to know would you like to revert to running rallies on the second and fourth Sunday of each month. We would love your input into this and will go with what the majority vote on.

Would you like to continue as is with rallies held on the second Sunday of each month one rally in the morning and one rally in the afternoon

YES / NO

Would you like to revert to holding one rally on the second and fourth Sunday of the month?

YES / NO

If you would like to revert to holding rallies on the second and fourth Sunday of the month, would you prefer morning or afternoon rallies?

MORNING / AFTERNOON

You should have received an email with a google doc to complete if not please use this link <https://forms.gle/VwifAfYQKsAn3EYb6>

WIN

Your chance to win a brand-new Dunstan Headband as modelled by junior member Ava.

Click on the link below and answer the three questions a winner will be drawn at random from all the correct answers

<https://forms.gle/Ch6MUMAyJNfpjVF6A>



COACHES CORNER

Trying to learn Dressage Tests?

Read it - Read the test a dozen times to yourself and see if you can recall it.

Draw it - Draw the dressage test out on a whiteboard or blank paper multiple times - then see if you can draw it without looking at the test.

Ride it - Each time you get on your horse even if you don't have an arena just ride it in the space you have pretending there is an arena around you - If you forget then have a copied test in your pocket to refer to.

Some people do not like riding their tests until the day of competition - this is also fine!

However, you still need to train the movements in your dressage test when training - even if it is out of order or you do some movements one day and others the next day. Just remembering the test is only half of what is needed for dressage!



FUNDRAISER

Springston Pony Club are fundraising to help our team get to Springston Trophy! 🏆
It's a fabulous opportunity to get some well-priced yummy and easy winter warmer meals while helping these kids achieve their riding goals!

Please check out the link for all the details and options: Gluten free, chicken, beef and MORE!
20% of all sales come to Springston Pony Club

CLICK ON THE LINK BELOW TO ORDER

http://www.pastavera.co.nz/FROrder.aspx?Organisation=SpringstonPonyClubsRoadtoTrophy&fbclid=IwAR0JorHwnPiozC2qvtd9Ni-L8q0B_GJ864tg5VdPa28duVALT7q05ZUkmRM

If you have any questions, please contact Mandy on E: mandydefilippi@gmail.com

LADIES A PLATE

We need all our members help for the ODE on the 23 & 24 July the forms for helping are out please pop your name down on one list. But we also need our members to bring a plate either savoury or sweet – we will let you know via email. Plates can be dropped off either at NEC at McLeans Island or at Rachels or Kristie's house.

THERMOS

We need some thermoses that we could borrow for the weekend as we need to provide hot drinks to the judges. Could you please let us know if you could supply a thermos for us to use for the ODE by texting Kristie on 021 621 075, with your name and pick up location.

SPRINGSTON PC ODE SPONSORS

A huge thank you to the following who are sponsoring at our ODE

Mainland Horse Coaches
Dunstan Horse Feeds
Cheryl Etheridge – Tall Poppy Real Estate
The Cover Queen
Melwood Equestrian
Watch My Ride
Zilco
Heinger
International Animal Health
Arion EDV
Equine America